



## **First Aid Policy**

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### **1.0 Policy/Procedure**

First aid is the immediate emergency treatment provided for injury or sudden illness before professional medical care is available.

Never minimize the seriousness of an injury or illness. If in doubt, seek medical attention.

In the event of an emergency that may be life threatening, immediately call 911 for emergency services.

**DO NOT ATTEMPT TO RENDER FIRST AID UNLESS YOU HAVE RECEIVED PROPER TRAINING.**

First aid kits may be available for treatment of minor cuts and scratches. Make sure proper PPE (personal protective equipment) is used to avoid contact with human blood or other bodily fluids. The availability of first aid kits is not a substitute for obtaining medical treatment. Routine administration of first aid for other than minor cuts and scratches must be performed by certified or trained first aid personnel (trained by the American Red Cross of N.C.; National Safety Council; etc.) or licensed medical personnel.

Employees shall notify their supervisor when items from the first aid kit are used so that they can be replaced.

Safety Coordinators shall inspect first aid kits monthly and notify their supervisor when items from the first aid kit need to be replaced.

Universal precautions must be implemented by the first aid provider to protect against infectious disease. (See Biological Hazards Policy (J-14) and Bloodborne Pathogens Policy (J-13).